

Beverage intake assessment questionnaire

DESCRIPTION

To determine the association among hydration, water, beverage intake and health or diseases is a challenge in the field of nutritional epidemiology. Nowadays, no standardised questionnaires useful for this evaluation are available.

In order to address this limitation, CIBEROBN researchers in the framework of the PREDIMED-PLUS study, have prepared a questionnaire to evaluate the specific intake of beverage. The questionnaire takes into account not only the intake of alcoholic and sugar sweetened beverages, but also water, milk and other beverages that could affect in health and illness.

The advantage of this tool is that it has been validated through biomarkers with a highly repeatability, thus avoiding bias caused by measurement errors (interviewer's memory, errors in the estimation of the intake, etc). Moreover, the questionnaire was validated through personal interview with dietitians-nutritionists, reducing the risk of underestimation of the intake. The CIBER Consortium offers the preparation of nutritional reports using this tool.

SERVICES

1. **Use of the beverage intake assessment questionnaire PREDIMED-PLUS**
2. **Optical reading for processing the questionnaires**
3. **Creation and debugging of databases**
4. **Preparation of nutritional reports**

PRICES

Amount	CIBER's researchers *	Researchers from public institutions*	Researchers from private entities*
<500 units	180.00 €	216.00 €	270.00 €
500 a < 2000 units	165.00 €	198.00 €	247.50 €
2000 a < 5000 units	150.00 €	180.00 €	225.00 €
5000 a < 10000 units	135.00 €	162.00 €	202.50 €

*Prices per 100 complete questionnaires (sending the questionnaire, revision once completed, queries and data base with consumption in macro and micronutrients)

CONTACT

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